



PUBLIC FACT SHEET

DENGUE FEVER

What is dengue fever?

Dengue fever is a serious viral illness.

How is dengue fever spread?

Dengue fever is spread through the bite of a mosquito. It is found mainly in parts of southeast Asia, the Indonesian archipelago into northeastern Australia, parts of sub-Saharan Africa and parts of South and Central America.

What are possible symptoms?

Symptoms may include:

- High fever (often 104-105 degrees)
- Headache
- Severe joint pain
- Muscle pain
- Flat, red rash
- Complications may include seizures and dehydration

How is dengue fever diagnosed?

By a blood test.

What is the treatment for dengue fever?

- Fluids if dehydration is present
- Tylenol for the fever

Prevention of dengue fever:

Using personal protection such as clothing, bug spray and mosquito netting to help prevent mosquito bites.

For more information on dengue fever:

Ottawa County Health Department

www.miOttawa.org

Medline Plus/National Institutes of Health

www.nlm.nih.gov/medlineplus/ency/artic/e/001374.htm