

HEALTH RESOURCES IN OTTAWA COUNTY

Call 2-1-1 or visit call-211.org for information about resources closest to where you live, 24 hours a day 7 days a week, including non-healthcare related needs.

The Ottawa County Department of Public Health cannot guarantee the accuracy of the information contained in this list and is not affiliated with any of the following organizations.
For questions or changes, contact Kristina Wiegelmink at 616-494-5597 or kwiegelmink@miottawa.org.

Medical Resources

Catherine's Health Center – catherineshc.org 1211 Lafayette NE, Grand Rapids (616) 336-8800, FREE medical clinic. Asks for \$10 donation. Must be low income, have no insurance. By **appointment only**. Call for availability and eligibility.

Cherry St. Health Center – cherryhealth.org 550 Cherry St, Grand Rapids (616) 235-7272 Multiple locations in the Grand Rapids area. See website for details. Uninsured fees based on ability to pay. Medicaid provider.

City on a Hill Ministries Health Clinic – coahmhealthclinic.blogspot.com 100 S. Pine St, Zeeland (616) 748-6009 Phone hours are M 9-5 and T 10-5. Free medical attention for minor injuries & illnesses. Must be an Ottawa or Allegan County resident and no health insurance or under-insured. Clinic every Tuesday from 5:00-8:00 pm. By **appointment only**.

City on a Hill Women's Health Initiative – coahmhealthclinic.blogspot.com 100 S. Pine St, Zeeland (616) 748-6009 by **appointment only**. Free pap tests & health exams for women. Referrals for screening mammograms with clinical exam. Services scheduled for 3rd Thursday of each month. Call for eligibility and information.

Hackley Community Care – hccc-health.org 2700 Baker St, 3rd floor, Muskegon Heights (231) 737-1335 Services include: medical, pharmacy, lab, pregnancy, mental health. Medicaid provider for **Muskegon County only**; uninsured fees based on ability to pay.

Holland Community Health Center – hollandcommunityhealthcenter.org 336 South River, Holland (616) 394-3788 Medicaid provider; uninsured fees based on ability to pay - \$15 minimum; alternatives for those who may not be able to afford fee.

InterCare Clinic – intercare.org 285 James St, Holland (855) 869-6900. Medicaid provider; uninsured fees based on sliding scale - \$20 minimum; alternatives may be available for those who are not be able to afford fee.

Love in Action (Love INC) Tricities Free Health Clinic – loveinctricities.org 326 N Ferry St. Grand Haven, MI 49417 (616) 846-2701 Call for more information or to schedule a visit. clinic@loveinctricities.org Free medical attention for minor injuries & illnesses. Must have ID and be uninsured, under-insured, and in transition. Appointments preferred, walk-ins welcome. M-F 12- 4pm, Tues am & Thurs pm by appt only.

Muskegon Family Care – mfc-health.org Two locations: 2201 S. Getty St, Muskegon (231) 739-9315 and 1700 Oak Ave, Suite 400, Muskegon (231) 777-2093 Medicaid provider. Uninsured fees based sliding fee if patient up to 200% of federal poverty guidelines.

Ottawa County Department of Public Health – miottawa.org/mihealth Children's Special Health Care program, immunizations, vision and hearing screenings for children birth to pre-school, family planning services/contraception, sexually transmitted disease testing, and Maternal-Infant Health Program. Medicaid accepted. Other fees based on ability to pay. Three locations:

Holland – 12251 James (616) 396-5266

Hudsonville – 3100 Port Sheldon (616) 669-0040

Grand Haven – 1207 South Beechtree Street, Suite B (616) 846-8360.

Dental Resources

Cherry St. Health Center – cherryhealth.org 550 Cherry St, Grand Rapids (616) 235-7289 **Emergency dental services only**. Five locations in Grand Rapids. \$20 for uninsured; also accepts Medicaid. Services offered on a first-come, first-served basis beginning at 7 am (days vary depending on location).

Destiny Dental - destinydentalcare.com, 2279 North Park Dr. Holland (616)392-1500. Accepts children and adults who have Healthy Kids Dental, Healthy Michigan Plan and Medicaid.

Grand Rapids Community College – cms.grcc.edu/dentalclinic 143 Bostwick Ave. NE, Grand Rapids (616) 234-4237 Cleaning, fluoride, sealants, x-rays, periodontal therapy: \$30 adult/\$25 child. Hours vary by season. Call for appointment and eligibility.

Grand Valley Dental Care – grandvalleydentalcare.com 2064 Baldwin, Jenison (616) 457-2299 Basic dental services. Medicaid, MI Child, Healthy Kids provider.

Hackley Community Care Dental – hccc-health.org 2700 Baker St, 1st floor, Muskegon Heights (231) 737-8603 A Medicaid provider **Call for current access**.

Holland Free Health Clinic – hfhclinic.org 99 W 26th St, off Michigan Ave (by Holland Hospital) (616) 392-3610. **Eligible patients** receive free exam, x-rays and dental cleaning; other services offered include extractions, restorations, and limited dental referrals for additional services. **Holland Free Health Clinic (Dental) is a Medicaid provider**.

Dental Resources

InterCare Clinic – intercare.org 285 James St, Holland (855) 869-6900. General and preventive dentistry services provided on sliding fee scale (alternatives may be available for those unable to pay). Medicaid / Healthy Michigan/Commercial plans accepted. Emergency appointments available for those in pain; call in the early morning for an opening. Bilingual staff [Spanish]. On Macatawa Express - Butternut/136th Route. Children seen from age 1 for assessment/prevention.

Love in Action (Love INC) Tricities Free Health Clinic – loveinaction.org 326 N Ferry St. Grand Haven, MI 49417 (616) 846-2701 Call for more information or to complete an intake. clinic@loveinaction.org. Free dental care for those uninsured, under-insured, and with Medicaid; must have ID and complete intake for eligibility determination by staff. By appointment only. No emergency services, oral surgery, crowns, or dentures made in clinic.

Muskegon Family Care Dental Clinic – mfc-health.org 1700 Oak Ave, Muskegon (231) 767-9830 Uninsured fees based on ability to pay; Medicaid provider. Accepting **children only** as new patients; limited adult emergency care (with visible facial swelling) available by calling the clinic at 4 p.m. T, Th, or F.

Ottawa County Department of Public Health – miottawa.org/dental 12251 James St, Holland (616) 393-5694 MILES of SMILES (MOS) mobile dental unit provides free, on-site comprehensive dental services for financially-qualifying Ottawa County **children ages 0-20**; MOS is a MI Child, Medicaid and Healthy Kids Dental provider.

Prescription Resources

D&W, Meijer, Target, Walmart, Sam's Club, Family Fare most large chain pharmacies offer free or low cost medications which vary by location. Call or visit websites for an updated list.

Four Pointes – fourpointes.org 422 Fulton Ave, Grand Haven (616) 842-9210 Urgent need medications and free, year-long prescription assistance for eligible seniors age 60+ in northern Ottawa County. Also assist with Medicaid and Medicare enrollment for seniors.

Holland Free Health Clinic – hfhclinic.org – 99 W. 26th St, Holland (616) 392-3610 Help with filling out applications for drug assistance from pharmaceutical companies. Must have doctor in Holland/Zeeland area, and prescription for the medication. **By appointment only.**

InterCare Clinic – intercare.org 285 James St, Holland, (855) 869-6900 Low cost prescriptions available to InterCare patients.

Love in Action (Love INC) Tricities Free Health Clinic – loveinaction.org 326 N Ferry St. Grand Haven, MI 49417 (616) 846-2701 Call for more information or to set up an arrival time. clinic@loveinaction.org Free medical attention for minor injuries & illnesses; must have ID and no health insurance.

NeedyMeds – Online source for prescription assistance to obtain low cost or free medications; must have doctor's prescription. Visit needymeds.org to see if your prescription qualifies.

Mental Health Resources

Community Mental Health of Ottawa County – Contact the Access Center to determine eligibility: (616) 393-5681 or (877) 588-4357 Mental health services for Ottawa County adults and children with **Medicaid** or **without insurance**. Full services for those with severe/persistent mental illness or developmental disability at three locations. **Helpline 24-Hr. Emergency Assistance 1-866-512-HELP (4357)**

The following counseling or mental health resources either offer services for free or according to a sliding fee scale based on income. Call or go online for details.

Beacon of Hope – beaconhope.net 788 Columbia Ave, Holland (616) 594-5380

Bethany Christian Services & El Centro – bethany.org/holland 12048 James St, Holland (616) 396-0623

Catholic Charities of West Michigan – ccwestmi.org 355 Settlers Rd, Holland (616)796-9595

Center for Women in Transition – for survivors of domestic violence or sexual assault: aplaceforwomen.org
Two locations:

Grand Haven – 300 N. Ferry, Suite C, (616) 846-0674
Holland – 411 Butternut Dr, (616) 392-1970

Holland Free Health Clinic – hfhclinic.org – 99 W. 26th St, Holland (616) 392-3610. Free short-term counseling available for uninsured who meet eligibility requirements. **By appointment only.**

Hospice of Holland – hospiceofholland.org 270 Hoover Blvd, Holland (616) 396-2972 Bereavement and grief counseling.

Journey Counseling Center – 7506 Church St, Jenison (616) 457-3744

Lakeshore Pregnancy Center – lpcenters.com
Three locations:

Holland – 339 N. River Ave (616) 396-5840
Grand Haven – 114 N. Seventh St (616) 842-7510
Allendale - 11325 54th Ave (616) 895-1893
After Hours Helpline: (800) 238-4269

Midtown Counseling Center – midtowncounseling.org 96 W 15th St, Suites 208 and 209, Holland (616) 594-7135

New Direction Counseling Services – 490 Century Lane, Suite 100, Holland (616) 510-5577

Pathways, MI – pathwaysmi.org. Two Ottawa County locations:
Grand Haven – 321 S. Beechtree St. (616) 846-5880
Holland – 412 Century Ln (616) 396-2301

Pine Rest – pinerest.org. Three Ottawa County locations:
Spring Lake – 17325 Van Wagoner Rd (616) 847-5145
Holland – 926 S. Washington Ave # 210 (616) 820-3780
Zeeland – 8333 Felch St # 201 (616) 741-3790.

Tri-Cities Ministries Counseling – tcmcounseling.org 120 S. Fifth St, Grand Haven (616) 842-9160

Mental Health Resources

Winning at Home – winningathome.com
300 S. State St, Suite 13, Zeeland (616) 772-1733

Vision Services

Holland Free Health Clinic – hfhclinic.org 99 W 26th St, off Michigan Ave (by Holland Hospital) (616) 392-3610. Eligible patients receive **free** glasses with their eye exam. Call for eligibility; people with vision insurance are not eligible for this program. **Mondays** by appointment only.

Seniors EyeCare Program – eyecareamerica.org
Eye exams and up to one year of care at no out-of-pocket cost for any disease diagnosed during the initial exam. Must be 65 or older and have not seen an eye doctor in three or more years. Accepts Medicare and/or other insurance reimbursement as payment in full; patients without insurance receive this care at no charge. Go online to see if you qualify.

Substance Use Resources

Alcoholics Anonymous (AA) – Call (616) 913-9216 or visit grandrapidsaa.org for times and locations. **FREE** support is available for anyone with alcohol related problems, including friends or family members of persons with alcohol problems.

Catholic Charities of West Michigan – www.ccwestmi.org
355 Settlers Rd, Holland (616) 796-9595

Grand Rapids Red Project – www.redproject.org
343 Atlas Avenue SE, Grand Rapids MI 49506
FREE Naloxone training at Ottawa County Community Mental Health www.miOttawa.org/CMH

Michigan Tobacco QuitLine – michigan.quitlogix.org
1-800-QUIT-NOW (784-8669) Resources include self-help materials, a **list of quit smoking programs in your area** and a free telephone-coaching program. Special services and information are available for pregnancy, spit tobacco use, non-English speaking callers and persons with hearing impairments.

O.A.R. INC. (Ottagan Addictions Recovery) – oar-inc.org.
Provides outpatient counseling, assessment and therapy for substance abusers and their families, as well as residential treatment. Two locations:

Holland – 483 Century Lane (616) 396-5284
Grand Haven – 700 Washington Ave, #220 (616) 842-6710

Pathways, MI – pathwaysmi.org. Two locations:
Holland – 412 Century Ln (616) 396-2301
Grand Haven – 321 S. Beechtree St (616) 846-5880

Pine Rest – pinerest.org. Three Ottawa County locations:
Grand Haven – 1445 Sheldon Rd, # 303 (616) 847-5145
Holland – 926 S. Washington, # 210 (616) 820-3780
Zeeland - 8333 Felch St, # 201 (616) 741-3790

Hospital Bills

Charity Care – for unpaid hospital bills that are not in a collection agency. Ask the hospital for information on this program. A hospital may require that client have a Medicaid denial from **DHS** (see below) in order to apply for this assistance.

Health Coverage

Department of Human Services (DHS) – michigan.gov/dhs
12185 James (616) 394-7200 Apply for Medicaid Health Coverage programs.

Ottawa County Department of Public Health – miottawa.org/mihealth 12251 James St., Holland (616) 393-5758
Medicaid enrollment assistance for children or pregnant women (MI Child, Health Kids, MOMS).